



The Contraindications of Hypnosis

(i.e. When not to Hypnotise, or be careful)

1. When a Client is dangerous to themselves or others
2. When a Client is dealing with highly repressed or traumatic material.
3. When a Client is dealing with a Life-threatening Disease.
4. When a Client is dealing with certain psychiatric or neurological disorders.
5. Members of the opposite sex.
6. After 10pm in the evening
7. A person who suffers epilepsy.
8. A suicidal tendency
9. Under the influence of alcohol
10. No money or favour exchanged